

## CT Scan Patient Prep Information

All exams ordered with IV contrast require a 4-hour fast (nothing to eat or drink). You may have a small amount of water to take your medications or brush your teeth.

Certain CT scans require you to drink oral contrast beforehand. We will add the oral contrast prep time to your appointment time.

<u>CT Exam:</u>	<u>Oral contrast prep time:</u>	<u>Approximate exam time:</u>
Head, facial or sinus	None	15-20 min.
Neck	None	15-20 min.
Chest (lung)	None	15-20 min.
Abdomen / pelvis	1 hour	1 hour 20 min.
Renal stone / renal mass	None	15-20 min.
Pancreas	1 hour	1 hour 20 min.
Liver	None	15-20 min.
Adrenal	None	40 min.
Enterography	1 hour 30 min.	2 hours
Colonography*	None *	30-40 min.
Urogram	None	40 min.
Spine	None	15-20 min.
Upper extremity	None	15-20 min.
Lower extremity	None	15-20 min.
Angiography	None	15-20 min.

**\*PREP MUST BE PICKED UP 3 DAYS PRIOR TO EXAM**

Lab work: If your CT scan requires IV contrast, you may need to have labs drawn to check how well your kidneys are working. If you are 60 years old or older, diabetic, or have kidney problems, including kidney cancer, ask your doctor if you need lab work.

If you have had lab work outside of Frisbie, please have these drawn and sent to Frisbie Memorial Hospital's Imaging department at least 5 days before your appointment.

Allergies: Please make sure to discuss with your doctor any allergies you have so they can give you the proper medication prep beforehand.

Thank you,

Frisbie Memorial Hospital Imaging Department